

ACROSS THE FENCE

April 9, 2023

We have been doing some spring cleaning in the office. It does feel liberating to deal with that pile of papers and dust off the pollen. If you are ready to take on your house, read the article on *Downsizing in DC* below and participate in Tuesday's De-Cluttering workshop. If you have items that need to be shredded or electronics to be re-cycled you can bring them to the Earth Day event at the Palisades Farmers Market on April 23.

Monday, April 10	Tuesday, April 11	Wednesday, April 12	Thursday, April 13	Friday, April 14	Saturday, April 15
<p>12:15 p.m. Pickleball</p> <p>3:30 p.m. William Yates Fitness</p>	<p>9:30 a.m. Planner Group</p> <p>1 p.m. Cut the Clutter</p> <p>3 p.m. Yoga - cancelled</p>	<p>8:30 a.m. Walking Club</p> <p>10 a.m. Eye to Eye Group</p>	<p>10:30 a.m. Coffee and Conversation</p> <p>5 p.m. Board Meeting</p>		<p>9:30 a.m. Mindful Knitting</p>



The splendor of this tree right outside of our office on Hawthorne Place makes it especially hard to come inside and do our work.
Enjoy the beauty this season brings!

This Week:



Tuesday, April 11, 1 p.m. - 2 p.m. (in person)

Cut the Clutter

Drowning in clutter but don't know where to begin? Feeling overwhelmed by a home that is out of control? It's time to take back your space, and *Cut the Clutter* can help. Get practical strategies for decluttering and creating a more organized and satisfying space. For details and registration click [here](#).



Wednesday, April 12, 10 a.m. - 11 a.m. (in person)

Eye to Eye Group

Join this local group for those with low-vision and their partners and caregivers hosted by Palisades Village. You will have the opportunity to talk to others; share common concerns, frustrations, and stories; and find solutions to your vision-related challenges. We would like to meet in-person but can include people via Zoom. The group will be facilitated by Barbara Scott, LCSW. Register [here](#).



Thursday, April 13, 10:30 a.m. (in person)

Coffee & Conversation

Join us for an informal get-together over coffee. We plan to meet outside on the lawn, but in the event of inclement weather, we can move into the parlor. This is a wonderful opportunity to get to know fellow Palisades Village members. We hope you will join us. Register [here](#).

Thursday, April 13, 5 p.m. - Rescheduled!

Palisades Village Board Meeting

The Board meeting is open to the public and visitors may comment and/or ask questions, but only Palisades Village Board members may vote. Register [here](#).

Coming Up:

Wednesday, April 19, 11:00 a.m. - 1:00 p.m. (in person)

Volunteer Orientation



Volunteers are at the heart of our Village. Studies show that volunteering connects you to others, combats depression, and helps you stay physically healthy. Share your time, make friends, and feel good about helping your neighbors. There are no time commitments. You can work your volunteer service around your schedule. Sign up for this orientation to find out everything you need to know to get on board. Lunch is included! Register [here](#).



Friday, April 21, 2:00 p.m. - 4:00 p.m.
Tech Clinic (members only; in person)

Struggling with something on your smartphone, tablet or laptop? Bring it in and let our volunteer help you one on one. Questions have ranged from "how do I turn it on?" to "how do I get the photos from my phone?" and beyond.

Please email aourand@palisadesvillage.org or call the office at **202-244-3310** to let me know that you are coming and arrange the best time. As always, we are happy to provide rides to our full members. Register [here](#).



Thursday, April 27, 5:30 p.m. - 7:30 p.m.
Appetizer Potluck Happy Hour for Members and Volunteers

Bring an appetizer to share to this happy hour hosted by one of our members. It will be so nice to see all of you and celebrate spring together. Register [here](#).

*Please register for all Palisades Village events that are held in-person or on Zoom. Click on the title in red to be taken to the registration page and get more information. Click on the registration button and provide your information. You will receive an email with your confirmation soon thereafter. For events on Zoom, this will include the link. There is a complete listing of all events for the next two weeks at the end of the newsletter, or you can go to the [website](#). If you have questions or want to register in person, please call the office at **202-244-3310**.*

Downsizing in DC: Donating Clothes, Books and More

By Carter Ross

April is the time for spring cleaning. This is the first of three articles on downsizing items in your home.

Whether you're moving to a smaller home, looking to reclaim space in your apartment, or just feeling like you're ready to get rid of a few things, downsizing and decluttering can be a daunting task. Emotionally, it can be hard to part with long-held items, but beyond that there are social, environmental, and practical reasons to find a destination other than the landfill.

Often the simplest solution is to donate usable items to a charity that can resell them. The District's Department of Energy & Environment [Reuse DC](#) website includes a list of [donation pick-up services](#) that operate in the city. These include familiar names like Goodwill, The Salvation Army and Vietnam Veterans of America, along with local groups like Mary's Center and FurnishHope DC. Each service has specific rules and guidelines

about what it can accept and how to arrange and manage pickup, so be sure to read them carefully to ensure your items will be accepted. In most cases, you can receive a receipt for the donation, allowing you to deduct the contribution on your taxes.

Reuse DC also has a searchable directory of thrift stores, consignment shops, and other business that might be willing to accept donations of clothing, household goods, furniture, books and other items in good condition. Torn, stained or dirty clothing, along with broken items, should not be thrifted.

Another option is to look for a neighborhood buy nothing, freecycle or barter and trade group. These generally operate on a neighborhood-level and give you the opportunity to ask if someone is interested in what you have to giveaway. There are [several app-based](#) networks for these groups, but you also can find these sorts of groups on local listservs, NextDoor or Facebook. They are almost always “gifting” sites; you are not allowed to offer items for sale, and there are often limits about what can be offered. [\[TR1\]](#) Because these networks are individual-to-individual exchanges, use common sense and exercise discretion. You may be comfortable placing an item on your porch for someone to pick up at their leisure, or you may want to arrange a meeting in a public place away from your home to hand over an item.

If you are wanting to pass along books, some chapters of [Friends of DC Library](#) accept books and media donations for their fundraising activities. Check with your local branch’s friends group to see if and when they will accept such donations. Another option is a [Little Free Library](#). These often colorful boxes are set up in parks and front yards, giving people the opportunity to take or drop off books. You [can search for a local one](#) or even [start your own](#)! Remember to be polite and only add books that others might be interested in (no out-of-date technical manuals, for instance) and if a Little Free Library is already full, don’t try to cram in extra books ... spread them around among several boxes.

And don't forget, we have the CUT THE CLUTTER program this Tuesday, April 11th at 11:00 a.m. See details above.

IRS Scams -- Don't be a Victim!

Internal Revenue Service (IRS) and the Social Security Administration will not call you asking for money. If you encounter any of the following, it is likely a scam.

The IRS does not initiate contact via phone or text message, nor do they use robocalls; they will contact taxpayers by mail first.

The IRS will not call and say you must stay on the line. These calls are not legitimate, and you should hang up.

The IRS does not initiate contact with taxpayers by email to request personal or financial information. Do not reply to the message, open any attachments, or click on any links.

The IRS will never contact taxpayers through any social media platforms.

The IRS does not request card numbers, or your bank account details (such as the routing number, account numbers, account balances, etc.) over the phone.

The IRS will not call to demand immediate payment using a specific payment method such as a prepaid debit card, gift card or wire transfer.

The IRS will not threaten you and say failure of payment will lead to your arrest, deportation, or revocation of your driver's license, passport, or visa.

The legitimate IRS will not press you for immediate action nor give you specific deadlines, for example, 'payment must be completed before 4 PM today.'

The IRS will never ask you to ship/mail cash via a shipping company or post office.

Covid Corner:

Free tests by mail from the government are available. Click [here](#) to order more or go to <https://www.covid.gov/tests>

If you have tests at home with an upcoming expiration date, go to [At-Home OTC COVID-19 Diagnostic Tests | FDA](#) to see if the expiration dates have been extended.

If you have Medicare Part B coverage, you can get up to eight Covid tests per month FREE from participating pharmacies. See details [here](#).

The Palisades Village COVID policy can be found [here](#).

Can't get out of the house for a vaccination? DC Health will come to you. Call **1-855-363-0333** to request a home visit.

For information on prevention actions and what to do if you are exposed, the [CDC](#) has the latest information.

Members: If you need help getting a vaccination or booster, call the office at **202-244-3310** and we will help you.

The Department of Aging and Community Living is looking for feedback from Ward 3 seniors on identifying the diverse needs of seniors and how to best connect seniors

who are not aware of the DACL. If you are interested in participating, fill out the following survey with your availability and some brief demographic information. Anyone who participates in the workshop will be compensated for their time with a gift card! If you are interested in joining us for a Ward 3 Zoom workshop, please fill out this form – [Ward 3](#).

We are also looking for feedback from people who are caregivers. If you are someone who provides unpaid care or helps seniors or adults in any capacity, we are looking to hear from you! If you fill out the Caregivers survey, you will receive a gift card to compensate for your time.

If you are an unpaid caregiver and are interested in a gift card, please fill out this form - [Caregivers](#)

Please note that if you are filling out our interest form and not the caregivers survey, you must also participate in one of our workshops to receive a gift card. If you have any questions or need assistance filling out the form please give us a call at **(202) 715-7534** or email us at Futureofaging@dc.gov



WAVE
Washington Area
Villages Exchange



The DC Area Villages work closely together to share resources and access to many events.

For a list of all the events sponsored by Washington Area Villages, please click [here](#). Here are just a few of them. Register by clicking on the link in the title or in the description.

Northwest Neighbors Village has a robust Virtual Speaker Series! You will meet some dynamic and interesting individuals. Stay connected and informed. More details [here](#).

Tuesday, April 11, 7 p.m. to 8 p.m. on Zoom hosted by Capitol Hill Village
A Critic Considers: Whither Classical Music in Washington? - Music critic and reviewer Charles T. Downey will reflect on recent developments and the future of classical music in Washington. Downey is the Lead Critic and Associate Editor of Washington Classical Review. He founded the Ionarts blog in 2003, served as Classical

Music Contributor for DCist from 2004 to 2011 and has been a freelance classical music writer for Opernwelt, Washingtonian, and the Washington Post. Register [here](#).

Wednesday, April 12, 7 p.m. to 8 p.m. on Zoom hosted by Greater Brookland Intergenerational Village

What is an End-of-Life Doula? - In this Zoom presentation, Laura Lyster-Mensch, who is currently “Death Doula in residence” at Congressional Cemetery in DC, will describe her path to becoming an end-of-life doula, explain what that means, how to find one, and why you might want to have one on your team. Laura is a writer, podcaster, and mental health advocate in her 60s who believes that talking about death won’t kill you, but avoiding the topic may be unhealthy. Register [here](#).

Wednesday, April 12, 6:00-7:00 pm on Zoom hosted by Dupont Circle Village CelebSalon: Nathaniel Keohane

Keohane leads the Center for Climate and Energy Solutions, a leading independent voice for practical policy and action focused on energy and climate. He sees economic incentives as key to helping solve environmental problems. He honed his insights on how to do this while serving as an assistant to President Obama’s economic and policy councils in 2011-12; leading the climate work at the Environmental Defense Fund; and, most recently, taking over as President of the Center for Climate and Energy Solutions. Do you want to understand the science and solutions better? This is your chance to ask questions of an expert! Register [here](#)

Friday, April 14, 12 noon - 1:15 p.m. on Zoom hosted by Cleveland & Woodley Park Village

Caregiving Discussion with Paula Stone, The Playwright of "Because She’s My Mother" - Caregiving is one of the most difficult experiences many of us will ever have. On Friday, March 31 at noon, CWPV will host a zoom program about the challenges of caregiving based on **Because She’s My Mother**, a poignant yet humorous play about an adult daughter’s bittersweet journey to care for both her aging mother and herself. The program will be facilitated by the playwright, Paula Stone, who will discuss the issues facing the caregiver as well as the care recipient and how to navigate each of these roles with more wisdom and compassion. A videorecording of a “Table Read” of the play is available for streaming at no charge as a community service. You are encouraged to view the video at your convenience in advance of the program. You can watch it here: <https://www.youtube.com/watch?v=K47-vzRQ9ZQ> For more information and registration, click [here](#).

Tuesday, April 18, 2:30 p.m. - 3:30 p.m. on Zoom hosted by Foggy Bottom West End Village

Oh My Aching Back - If you want more long-lasting pain relief than Ben Gay can offer, then consider this session with Dr. Sophia Janson. She will provide an overview of common back ailments, cover posture correction and body mechanics. Then Dr. Janson will demonstrate simple stretches and strengthening exercises that can restore mobility, reduce pain, and help keep your back healthy. You’ll see that little changes can have a big impact! Have a chair nearby in a cleared space. Register [here](#).

Wednesday, April 19, 5:30 p.m. on Zoom hosted by Georgetown Village Protecting and Maximizing Your Retirement Income with Certified Financial Planner David Hurwitz - Join us as David Hurwitz discusses how to set up a retirement-income stream consistent with your retirement goals, how to plan for inflation, economic challenges, and a long retirement. He will also discuss how to utilize various investment vehicles. There will be time for questions following his presentation. Register [here](#).

Wednesday, April 26, 5:30 p.m. on Zoom hosted by Georgetown Village Hospital at Home Movement with Dr. Haile Mariam - Learn more about this movement to provide medical care to patients in their homes. There have been studies done that show the economic as well as psychological and physical benefits to patients who are discharged early from hospitals or treated at home. Register [here](#).

Mondays and Thursdays, 4 - 5 p.m. on Zoom Capitol Hill Village Chair Yoga - Fabulous yoga instructor Robin Blum will lead the class in a gentle session of chair yoga. You can register for upcoming classes by going to the Capitol Hill Village [calendar](#) and finding the class you want from there. Once you've registered the first time, you should have the link that will work for all the classes.

Around Town Events:

Go to [Around Town DC](#) to find classes in technology, art, dance, advance planning, fitness, improv, and much more. Create an account and take a look at the "In-Person Events" under "Upcoming Events" or email community@iona.org or call 202-459-9634. Sign up for the newsletter while you are there!

Tuesdays, 6 p.m.

Technology Tuesday (it's actually on a Monday this week)-- Refresh your skills on a variety of topics with B Milenkovic. Sign up for the programs and you will receive a Zoom link for each session. Ignore the invite if the topic isn't of interest to you. April 10 (note this is Monday) Zoom refresher (breakout rooms, whiteboard). Register [here](#).

Tuesdays, 2 p.m. at the Palisades Library

Yoga -- free yoga classes taught by Beth Lawrence. Mats are not required; all poses will be seated or standing. For more information, please see

<https://www.aroundtowndc.org/event/yoga-with-beth-lawrence-at-the-palisades-neighborhood-library-tuesdays-at-2-pm/2022-01-05/>

Strength, Balance, and Core in-person class with Emma Swain -- This class combines dynamic and functional strength and balance exercises using seated and standing exercises. This is offered through **Around Town DC**.

Mondays at IONA, 1:30 pm. - 2:30 p.m. Register [here](#).

Tuesdays at St. Albans, 11 a.m. - noon Register [here](#).

Wednesdays at Palisades Rec Center, 2 p.m. - 3 p.m. Register [here](#).

Fridays, 11 a.m.

Cardio Chair Kickboxing at St. Albans - Chair Cardio Kickboxing is a low-impact class using music with aerobic exercise moves mixed in with some martial arts moves such as punching and kicking. It is a great exercise for improving endurance, core, and balance. [See a sample of the class here](#). Read more and [register here](#).

Fridays, 11 a.m.

Tai Chi at Palisades Library with Jerry Simpson - Palisades Library is delighted to announce that Tai Chi with Jerry Simpson is back in-person. This program is free and is sponsored by Around Town DC and Iona Senior Services. For more information, please see: [Tai Chi with Jerry Simpson at Palisades Library on Fridays at 11 am - Around Town DC](#)

Sibley Seniors Events:

[Sibley Seniors Association](#) (SSA) offers programs and support groups online.

Monday, April 10 and April 24, 1 to 2 p.m.

Arthritis Support Group -- Registration: <https://smh.memberclicks.net/2023-arthritis-support-group>

Thursday, April 13, 2:30-3:30 p.m.

Parkinson's Disease Support Group -- Please call 202-364-7602 if you'd like to attend this support group.

Monday, April 17, noon-1 p.m.

Living Alone discussion group -- Please email kenfgordon@gmail.com or call 202-364-7602 if you'd like to attend this discussion group.

Wednesday, April 26, 7-8 p.m.

Discussing the Facts webinar: Prostate Health and Health Equity -
- Registration: <https://smh.memberclicks.net/april2023discussingfacts>

Thursday, April 27, 4-5 p.m.

Parkinson's Disease Care Partner Support Group -- Please call 202-364-7602 if you'd like to attend this support group.

Saturday, May 13

Journey to Hope - DC Conference for Alzheimer's Family Care Partners with Dr. Sevil Yasar, MD. Ph.D., Jane Marks, R.N., M.S., and Marti Brown Bailey, B.S., C.S.A., C.A.D.D.C.T., C.D.P., from noon to 5 p.m. via Zoom. For more information and to register: <https://smh.memberclicks.net/2023journeytohopeconference>

Community Events:

Fridays, 2 p.m. - 4:30 p.m.

Knit-a-Long at Palisades Library -- Meet fellow knitters and knit together! Relax, share tips and tricks in this drop-in program. No formal training is needed but please bring your own supplies. Email michelle.conn@dc.gov with questions.

Now through May 14

MADAYIN: Eight Decades of Aboriginal Australian at American University Museum at the Katzen Center - This exhibition at the American University Museum at the Katzen Art Center features hand-made paintings on Eucalyptus bark created by Indigenous Australian communities.

There are also special events related to this exhibition:

March 31, 1 p.m. to 3 p.m. Flipping the Narrative: Historical Collections as Sites of Cultural Diplomacy at the Phillips Collection

March 31, 6 p.m. Yolnu Ceremonial Performance at Katzen Art Center

April 1, 9 a.m. to 4 p.m. Matha Nupanmi: A Summit of Yolnu Art and Ideas, at Katzen Art Center

For more information and registration, click [here](#).

Beginning April 7

Aviva Kempner and Ben West's New Film, "Imagining the Indian" at the Avalon Theater

Imagining the Indian: The Fight Against Native American Mascoting is an award-winning documentary that examines the movement that is ending the use of Native American names, logos, and mascots in the world of sports and beyond. The film details the current uprising against the misappropriation of Native culture in a national reckoning about racial injustice that has succeeded in the removal of Confederate imagery, toppling statues of Christopher Columbus and forcing corporate sponsors of Washington's NFL team to demand it change its most-offensive name. It examines the origin and proliferation of the words, images, and gestures that many Native people and their allies find offensive. **Imagining the Indian** explores the impact that stereotyping and marginalization of Native history have had on Native people. It chronicles the long social movement to eliminate mascoting. **Showings with Q&A appearances** by Aviva Kempner, co-producer Yancey Burns (and others) on Sunday April 9 at 1:30 p.m. and Monday April 10 at 7:30 p.m. Click [here](#) to see all showtimes and buy tickets.

Extended hours starting on April 10th at the Palisades Recreation Center

The Palisades Rec Center will have much longer hours starting on April 10th as follows: Monday - Friday, 9 a.m. - 5 p.m.; Saturday 9 a.m. - 5 p.m.; Sunday CLOSED.

Wednesday, April 12 through Friday, April 14 at 7:30 p.m. and Saturday, April 15 at 3:00 p.m.

"ANIMAL FARM" -- Duke Ellington School of the Arts Theatre Department presents George Orwell's allegorical tale. This family classic tells the story of rebellion, equality, and an abuse of power. Alumni and Grammy-nominated singer/songwriter/MC Maimouna Youssef, aka "Mumu Fresh," does the musical arrangements bringing a vibrant new twist to a timeless story. Find more information and buy tickets [here](#).

Friday, April 21, 1 p.m. - 3 p.m. on Zoom

Conference on Grief and Loss - The shock of loss and finding your footing is often very difficult after losing a loved one. Then there is the difficulty of change and figuring out your next steps. Join Rev. Drs. McNeil-Lee and Ridley, Sibley and Suburban Hospital chaplaincy services directors, to hear how to process and move through grief. To register for this event, please send an e-mail to Ken Gordon at kengordon@alum.mit.edu.

Sunday, April 23, 9 a.m. - 1 p.m.

E-cycle Waste Collection and Shredding at the Palisades Farmers Market on the corner of MacArthur Blvd NW and 48th PI NW -- Safely recycle unwanted electronics: computers, TVs, speakers, tablets, printers, mobile phones, etc. Visit www.rev-log.com/dceycling to learn more. A paper shredder truck will also be there compliments of Brendon Mills of the Erich Cabe Team at Compass. Members: Contact the PV office if you need help delivering small electronics to the event.

Ongoing Events:

Bereavement Support Group

Widowed Persons Outreach (WPO) offers both a twice-monthly ongoing support group and twice a year, a six-week structured bereavement group for persons who have been widowed for two years or less. Call **202-537-4942** for more information or go to [Calendar | Widowed Persons Outreach \(wpodc.org\)](#)

Weekly on Wednesdays at 2:30 p.m.

Dance for PD -- Now in person at the Kennedy Center's REACH building. Join local Dance for Parkinson's Disease certified instructor Lucy Bowen McCauley for a free workshop where participants are empowered to explore movement and music in ways that are refreshing, enjoyable, stimulating, and creative. Learn more about the program by [clicking here](#).

Weekly on Mondays from 2 - 3:15 p.m.

Just Us at the National Gallery of Art -- Provides interactive, discussion-based experiences for people with memory loss and their care partners. For more information go to <https://www.nga.gov/calendar/guided-tours/just-us.html>. To register, please email access@nga.gov.

Bi-Weekly on Fridays, 1 - 2 p.m.

[The Art of Looking](#) --By sharing observations, interpretations, questions, and ideas, participants build on their own first impressions and broaden their understanding of a single work of art in each meeting. Each session lasts one hour and is completely interactive. NGA educators will facilitate the conversation to create an environment for shared learning.

COMING UP IN PALISADES VILLAGE

Listed below are details on upcoming events sponsored by Palisades Village. You can now register by clicking on "More Information" and then "Register." You will be prompted to add your name and email address. Please use the email address that the calendar

was sent to; it functions as your user ID. If you need to update your email, just let us know. Or you can register by email at aourand@palisadesvillage.org or call the office at **202-244-3310**.

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

This Week at Palisades Village

April 9 — 15, 2023

Pickleball

Mon 04 / 10 / 2023 at 12:15 PM

Where: Palisades Recreation Center - inside the gym, 5200 Sherier Place, NW, Washington, DC 20016

[More Information](#)

William Yates Fitness

Mon 04 / 10 / 2023 at 3:30 PM

[More Information](#)

Planner Group

Tue 04 / 11 / 2023 at 9:30 AM

[More Information](#)

Cut the Clutter

Tue 04 / 11 / 2023 at 1:00 PM

Where: Palisades HUB - Sanctuary, 5200 Cathedral Ave NW, Washington,

[More Information](#)

Canceled: Yoga

Tue 04 / 11 / 2023 at 3:00 PM

Where: Palisades Hub, 5200 Cathedral Ave NW, Washington, DC 20016

[More Information](#)

Walking Club - Georgetown

Wed 04 / 12 / 2023 at 8:30 AM

Where: 4940 Canal Road, NW, Washington, DC 20007

[More Information](#)

Eye to Eye Group - In Person

Wed 04 / 12 / 2023 at 10:00 AM

Where: Palisades HUB - parlor, 5200 Cathedral Ave NW, Washington,

[More Information](#)

Coffee & Conversation

Thu 04 / 13 / 2023 at 10:30 AM

Where: Palisades HUB, 5200 Cathedral Ave NW, Washington,

[More Information](#)

Board Meeting - New Date

Thu 04 / 13 / 2023 at 5:00 PM

[More Information](#)

Mindful Knitting

Sat 04 / 15 / 2023 at 9:30 AM

[More Information](#)

Next Week at Palisades Village

April 16 — 22, 2023

Pickleball

Mon 04 / 17 / 2023 at 12:15 PM

Where: Palisades Recreation Center - inside the gym, 5200 Sherier Place, NW, Washington, DC 20016

[More Information](#)

William Yates Fitness

Mon 04 / 17 / 2023 at 3:30 PM

[More Information](#)

Planner Group

Tue 04 / 18 / 2023 at 9:30 AM

[More Information](#)

Yoga

Tue 04 / 18 / 2023 at 3:00 PM

Where: Palisades Hub, 5200 Cathedral Ave NW, Washington, DC 20016

[More Information](#)

Walking Club - Georgetown

Wed 04 / 19 / 2023 at 8:30 AM

Where: 4940 Canal Road, NW, Washington, DC 20007

[More Information](#)

Volunteer Orientation

Wed 04 / 19 / 2023 at 11:00 AM

Where: Palisades HUB - in the sanctuary, 5200 Cathedral Ave NW, Washington,
[More Information](#)

Great Decisions Foreign Policy Discussion Group

Wed 04 / 19 / 2023 at 2:00 PM

Where: Palisades Hub - Parlor, 5200 Cathedral Ave., NW, WASHINGTON, DC
20016-0403

[More Information](#)

Tech Clinic

Fri 04 / 21 / 2023 at 2:00 PM

Where: Palisades Village Office, 5200 Cathedral Avenue, NW, Washington, DC

[More Information](#)

Mindful Knitting

Sat 04 / 22 / 2023 at 9:30 AM

[More Information](#)

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

Thank you!

Palisades Village