



Across the Fence

May 2, 2021

May is Older American's Month...Celebrating You and Your Contributions All Month Long!

For the latest information on COVID, please see below or go to our [website](#).

Upcoming Palisades Village Events:

Join our monthly [Book Club](#) this Monday, May 3 at 1 p.m. on Zoom. We will be discussing *The Liar's Club*, a memoir by Mary Karr.

Our Weekly Strength and Resistance [Fitness Class](#) with Mr. William Yates will be held on Monday, May 3 at 3 p.m. Lower intensity yoga will be held at 3 p.m. on [Tuesday](#), May 4 and [Thursday](#), May 6.

The [Planner Group](#) will meet at their new regular time of Tuesday at 9:30 a.m.

The **Life Stories** memoir class scheduled for **this Tuesday has been canceled**. Bea Epstein will be back to lead the group on **Tuesday, May 11 at 11 a.m.**

Washington DC is synonymous with the federal government--with the White House and its occupant at the center of it all. But you can find past presidents--at least memorials or reminders of them--in all kinds of surprising places that few tourists visit--and even many native Washingtonians don't know about. Our very own Ralph Buglass will be hosting [Presidents in Unexpected Places](#) this **Tuesday, May 4 at 3 p.m.** This richly illustrated, fast-paced talk will cover a good number of those little-known spots.

Counting your steps and need a walking partner? This week we have two options for our new **Palisades Walking Club**, a two-mile walk through the neighborhood and a little longer one down to Georgetown and back along the canal.

Wednesday, May 5 at 8:30 a.m. – [Fletcher's Boathouse Parking Lot to Georgetown](#)- 4.5 miles round trip Start at Fletcher's boathouse and walk on the C&O path to Kafe Leopold in Georgetown (3315 M Street which you will enter from the back thru Cadys Alley). Kafe Leopold has plenty of outside seating so socially distancing should not be an issue. The total walk is about 4.5 miles. Meet at Fletcher's parking lot at 8:30 a.m. *You can park on Reservoir Ave. and walk to the parking lot to avoid the traffic along Canal Road.* Look for Village member Wally (**202-841-7952**). Please [register](#) so we know who to expect and notify you of any changes. Walk-ins welcome too!

Thursday, May 6 at 8:30 a.m. – [Battery Kemble Park](#) – about 2 miles in total. Meet across the street from the old schoolhouse (4954 MacArthur) and follow the path from MacArthur to the open field. Stop for a break at the picnic table there and then return to MacArthur on the upper route. Look for Village member Wally (**202-841-7952**). Please [register](#) so we know who to expect and notify you of any changes.

Trivia is taking a break this week but Jennifer will be back next week for another exciting game on **Thursday, May 13 at 4:30 p.m.**

The [Mindful Knitting](#) group continues to grow. Join them every **Saturday at 9:30 a.m.**

And we have more exciting events coming up this month:

This time of year we appreciate the beauty of trees as they turn green and flower. But trees play a much greater role in our ecosystem and have a profound impact on climate. Join us to hear about the effect of forests from one of our neighbors, Frances Seymour, who is a leading expert in the field. You may remember her sustainable home that was featured in our 2019 Palisades Village House Tour. Join us on **Wednesday, May 12 at 7**

p.m. for [Cool Forest: How Trees Affect the Climate from Brazil to Your Backyard.](#)

Palisades Village is pleased to welcome our neighbor [Andrea Mitchell](#) on **Wednesday, May 19 at 7 p.m.** to discuss her perspectives on changes in journalism over the years, the impact of greater diversity, of increased politicization and partisanship, and the interplay of social media and broadcast journalism. There will be questions and answers following her talk.

Join the DC Villages as we celebrate *Older Americans Month* and present **DC Strong: Recognizing Our Community's Collective Response to Helping Older Adults Thrive** on **Thursday, May 20, 10-11:30 a.m.** This Zoom event is a time of learning, remembrance, and reflection of the past year, and hope for a brighter future – we are “DC Strong”! With guest speakers:

- **Muriel Bowser** – Mayor, District of Columbia
- **Laura Newland** – Director, Department of Aging and Community Living
- **Anita Bonds** – Councilmember At-Large, District of Columbia
- **Gail Kohn** – Coordinator, Age-Friendly DC
- **Phyllis Dillinger** – CEO, The Washington Home Foundation
- **Mark Bucher** – Owner, Medium Rare Restaurant



In addition to our speakers, you'll hear from some of the Villages' beloved members and volunteers during this event. And more! Registration is required, [click here to register for DC STRONG](#)

Join the DC Preservation League and Palisades Village on **Friday, May 21 at 4:00 p.m.** for a virtual tour of [3020 University Terrace NW \(or The Bazelon-McGovern House\)](#) with the homeowner and Palisades Village member Gordon Kit. Register [here](#).

All events are being held on Zoom. You must register to get the link for each event. Click on the title in red to be taken to the registration page and get more information. There is a complete listing of all events for the next two weeks at the end of the newsletter, or you can go to the [website](#).

COVID Corner: Please Answer a One-Question Survey!

Last week Palisades Village issued a one-question survey to members and volunteers to help provide guidance to the Palisades Village Contingency Committee Team as it reviews its policies to offering additional volunteer services to its full members and resuming some of our in-person activities. But we need your help, we received about 70 responses and want to have full Village participation. You can still respond by clicking [here](#). Thanks for your prompt attention.

DC Transitions to Walk-Up Vaccine Sites Begins Saturday, May 1

Beginning on Saturday, May 1, the District will transition to the use of 11 high-capacity, walk-up, no appointment needed vaccination sites. (Walk-up sites are for first doses. When you receive your first dose, you will still make an appointment to get your second dose.) [Click here to see the schedule for walk-up sites.](#) Walk-up vaccines are now available at the University of the District of Columbia (UDC) at 4200 Connecticut Ave, NW. UDC will be distributing the Moderna vaccine from 9:00 a.m. to 2:00 p.m. on May 5th, 6th, 12th, 14th, 19th, & 20th.

The walk-up sites will be in addition to the pharmacies, clinics, and health care providers that are also administering the vaccines citywide. These sites will operate their own scheduling systems.

Can't leave your home? Call DC Health at **1-855-363-0333** for an appointment and they will come to you!

The CDC encourages everyone to monitor how COVID-19 is spreading in your community and adjust your activities accordingly. Stay on top of the latest data in your community by visiting [DC's Coronavirus website](#).

Last week, the CDC updated their [Interim Public Health Recommendations for Fully Vaccinated People](#). The guidelines ease restrictions for individuals who have been fully vaccinated*, and include a variety of activities that do not require a mask.

Masks should still be worn at crowded outdoor events, and during any indoor activity that takes place in a public setting, such as a hair salon, place of worship, or restaurant. The complete infographic on [CDC's recommendations for choosing safer activities can be found here.](#)

Need an N95 mask? We have some in the office. Please contact us at **202-244-3310** or ebblanton@palisadesvillage.org.

Beth Peters: From Volunteer to Beneficiary: Payback is Sweet



Teen-aged Beth Hubbell's early ambition to be a ballerina propelled her from her home in Charlottesville to the School of American Ballet in New York, though she ultimately switched to studying English at Vassar. Meanwhile, Charlie Peters was in law school at the University of Virginia in Charlottesville. On Beth's visit home in 1957, a mutual friend set them up on a blind date. That happenstance morphed into a whirlwind courtship: an April lunch; an August wedding.

The newlyweds moved to Charleston, West Virginia, where Charlie took a job in his father's law firm. Beth was quickly inducted into the satisfying world of volunteer work by her new mother-in-law, Esther (aka Teeny, for her diminutive frame), an inveterate volunteer, as Beth learned the first week she arrived in Charleston: "Teeny had signed me up to teach summer school at their church. Then she signed me up to volunteer at a local hospital and encouraged me to join the Junior League, where members were required to do volunteer work. By the time I left Charleston to move to Washington, I had come to feel great purpose and satisfaction in doing community service and I continued to find opportunities to volunteer in Washington." Charlie's volunteer work leaned in the political direction: In 1960, he headed JFK's presidential campaign for Kanawha County.

Charlie was elected to a seat in the West Virginia state legislature, where

he served in the 1960-61 session. In 1961, DC beckoned: he was called to serve on the founding staff of the new-born Peace Corps. His work involved extensive international travel to visit Peace Corps volunteers in the field to understand the problems they encountered. In 1968, Charlie moved on from the Peace Corps to found the Washington Monthly magazine, a journal focused on government and politics, where he was editor in chief for 38 years. The magazine proved to be an invaluable training ground for generations of young, now well-known journalists. Meanwhile, Charlie has written numerous books and articles about the workings of government.

Beth continued her volunteering ways in DC, working again with the Junior League and with Bread for the City. She also received an advanced on-the-ground education in the workings of democracy, government, and international relations through her volunteer work with two additional organizations: The Meridian International Center, a non-partisan, non-profit public diplomacy organization that sponsors the State Department's International Visitor Leadership Program. An exchange program, it brings foreign leaders in a variety of fields to the United States to introduce them to this country. Beth's job was to escort them to visit the Capitol and Supreme Court to familiarize them with how our government and court system function. From 1999 to 2004, she worked as a full-time volunteer with Understanding Government, a foundation dedicated to improving academic study of and journalism about government.

Beth and Charlie further broadened their international horizons through the travel that figured prominently in their vacations: "Since coming to Washington, we have visited almost every country in Europe. In 1965, we took our first trip, carrying the popular and well-thumbed travel guide, Europe On 5 Dollars A Day. We went to Europe every five years until 1995 and became experts on budget travel. Now in our old age we enjoy reminiscing about all the beautiful and interesting places we have seen."

The move to DC saw Beth and Charlie settled in their home on V St., near Canal Rd. at Fletcher's Cove. Before long, their son, Chris, was born. When they enrolled him at Georgetown Day School a few years later, the school offered her a job that came with an appealing perk: a significant reduction in his tuition. Beth entered the world of paid employment, working at GDS for 20 years, until she retired as assistant to the head of the school. Chris, now 58, lives with his wife, Sarah, in

Riverside, California, where he is a marriage and family therapist and high school educator. He founded a program in Behavioral Health & Human Services Career Pathway and teaches psychology and preparation for careers in professions such as social work and education. Sarah works in the library of another high school where she supports educational technology and digital literacy, runs workshops for parents, students and teachers, and maintains the school's website. They have two sons, Jeffrey, at the Naval Academy, and Collin, in high school.

In 2007 at ages 72 and 81, Beth and Charlie were happily living in the home they'd occupied since they moved to DC, when Chris began urging them to move into an assisted living facility, a prospect that interested them not at all. Fortunately, Beth came across an article in the New York Times about the then-new Village movement that featured our own Palisades Village and mentioned two of our founders, Anne and George Allen. Living in the Palisades made it relatively easy to find them: Beth talked with them about the Village, attended a Village meeting, and was hooked. She and Charlie began a long and fruitful association with the Village that Beth says, "changed my life," as they made new friends and deepened old friendships. She already knew her neighbors and Village members, **Susan Messina and Mary and Peter Clute**, whose son and daughter attended GDS when Beth worked there. She soon enlarged her circle through membership in the Village.

Once retired, Beth plunged back into volunteer work. She was recruited to serve on several Village committees and projects, including events and programs, staffing our farmers market table, volunteering with our members, docenting for the House Tour, and working at our office. She was also involved in our networking outreach to AARP, Iona Senior Services, and Sibley Hospital's Senior Association. One of her fondest memories is of the friendship that developed from her time reading to Village member, Betty Hays (the mother of member **John Hays**), and driving her to their Village yoga class taught by Jill Minneman: "I made a dear friend, thanks to the Village."

Her volunteer time with the Village was limited after Charlie had a serious fall in 2015 that required her time and attention and led to what she calls "payback time." She felt able to ask for help from the Village because she had contributed significantly to it when she was able. Executive Director Andrea Saccoccia suggested she connect with Susan Messina, then

deputy director at Iona, who “went all-out to help me, including arranging grocery shopping and signing us up with Meals on Wheels.”

During the pandemic, they have been even more appreciative of what the Village is able to do for them, especially in helping arrange a Covid vaccination for Beth and a volunteer to drive her to it. As Charlie has experienced more serious health issues recently, he’s begun hospice care at home, again with assistance from the Village and Susan, who put them in touch with a social worker at Iona who did an evaluation of their situation and connected them with hospice care. “We wouldn’t have the benefit of hospice if we had not connected with Susan,” according to Beth. Hospice allows Charlie to receive excellent care while continuing to live comfortably and safely at home with Beth: “The Village pitched in to help us when our time came to need help. I felt like I’d been saved. I’d worked hard for the Village and then I was given help when I needed it. The Village was there for us. Thanks to the Village, we’re able to grow old together in our own home.”

-Jude Michaels, Associate Member and Volunteer

Palisades Village Current Member Services (Updated):

Members: Please let the office know if you need help with any of the following:

- Contactless Grocery Shopping and Delivery services
- Prescription drugs pick up
- Meals, Soup, and Baked goods
- Mask and Hand Sanitizer Delivery
- Reading and Paperwork Assistance
- Technology assistance including Zoom training, email assistance, etc.
- Programming via Zoom--including fitness, Storytelling, Memoir Writing, Planning group, book group, author talks, yoga, knitting, educational programs, etc.
- Friendly visits via phone calls and from the “front porch,” outside at a safe social distance.
- Walking Buddies--maintaining a safe social distance
- Small home repair projects (screens, moving plants, changing a light bulb, etc.)

- Quick IT services (changing printer cartridges, installing printers, etc.)
- Outdoor yard assistance
- Access to our in-house library inventory and free delivery to your door! (Ask us how you can access these great books!)
- Transportation following safe and social distance protocols (based on volunteer availability).

Palisades Village continues to be cautious to protect our members and volunteers. Your safety is our utmost concern. We have established protocols in place to minimize the risks associated with COVID-19.

Palisades Village Connect and Learn: On the [Connect and Learn](#) page on our website, we have everything from neighborhood walks to virtual outings and fitness classes. Check it out!



The DC Area Villages work closely together to share resources and access to some events.

For a list of all the events sponsored by Washington Area Villages, please click [here](#). Here are just a few of them (and a couple that are not included). Register by clicking on the link in the title or in the description.

Monday, May 3, 3 p.m.

[Food: Too Good to Waste](#)-- One-third of all food produced goes to waste. This uneaten food is responsible for about 8 percent of global greenhouse gas emissions. Please join us as we learn innovative ways to reduce food waste and help reverse climate change, and save money to boot. We are fortunate to have four excellent and knowledgeable speakers: Lorig Charkoudian, District 20 Maryland State Delegate; Alison Bauer, Field Marketing Manager of Hungry Harvest; Lauren Goldberg, Executive

Director of Crossroads Community Food Network and Gina Mathias, Takoma Park Sustainability Manager. Sponsored by Village of Takoma Park.

Tuesday, May 4, 10 a.m.

[The Kennedys in the World: How Jack, Bobby, and Ted Remade America's Empire](#)-- Lawrence Haas, a Clinton White House official and now a columnist and author, will discuss his new book. From an early age, the Kennedy brothers developed a deep understanding of the world's different peoples, cultures, and ideologies; a keen appreciation for the challenges that such differences created for the U.S.; and a strong desire to reshape America's response to them. And, for more than six decades, the brothers shaped broad issues of war and peace as well as the U.S. response to almost every major global challenge of their times. As the brothers remade America's empire, they invariably changed the world. Haas writes widely and appears frequently on TV and radio. Sponsored by Bethesda Area Metro Village.

Tuesday, May 4, 11 a.m.

[An NPR Correspondent's Life Covering COVID-19](#)-- NPR Science Correspondent Joe Palca began covering the emergence of a new respiratory disease caused by a coronavirus in January 2020. Joe will sketch the arc of the pandemic from a journalist's point of view. He will talk about how covering COVID was complicated by the Trump Administration's uneven messaging, and the tension between science and politics that impacted coverage. Sponsored by Northwest Neighbors.

Tuesday, May 4, 1 p.m.

[The Bias Meter: The Battle for Your Brain](#)-- Are accusations of bias clogging your news feed? Are your friends quick to point out that something's unfair - but not as ready to explain why? Tune up your "fairness meter" to assess how objective or biased content really is in this interactive class taught by an educator from the Freedom Forum (formerly the Newseum). Reevaluate your media, win the battle for your brain! Sponsored by Chevy Chase at Home.

Tuesday, May 4, 3-4 p.m.

[Craft's Evolution toward High Art](#) --Time was when crafts were crafts and art was art and never the twain should meet. But the boundaries of function and beauty are being increasingly blurred due to changes in

technology and artistic expression in the traditional craft components of wood, glass, fiber, metal, and ceramics. Docent Sara Shoob, will lead us on a journey of how contemporary artists have evolved traditional craft components into higher art forms. Sponsored by North Bethesda Village.

Tuesday, May 4, 3 p.m.

Night Train Memories: Sounds of the Cities-- Introduction to Urban Vocal Group Harmony (including Doo-Wop) 1950s to mid-1960s. Richard Kwatnoski aka "Squire," a radio producer for over 20 years for Radio Fairfax (a local free-form non-commercial station playing a unique mix of genres & styles) will help us explore through slides and music, the who, what, when and where of this very popular musical art form. Emanating from America's cities in the 1950's-1960's, the music reflected economic and racial influences. Squire's presentation will be accompanied by recordings of the most transformational groups of the era and explore sounds from the nation's major markets. Zoom: <https://zoom.us/j/91588641092?pwd=SzlpMHNDYThCeTFLWWtQbzdZUnVDQT09>

Thursday, May 6, 1 p.m.

Highlights from AVAM's Permanent Collection-- The American Visionary Art Museum, in Baltimore, is America's official national museum for self-taught and intuitive artistry. It's a small, fantastic speck in a Bling Universe where art reflects life, both literally and figuratively. Adorning one's world through art--transforming it into a place that defies convention, surprising and delighting, providing hope and wonder--is what AVAM showcases. Join your Takoma Park neighbor and AVAM docent, Jill Feasley, as she shows you some of AVAM's most interesting pieces and tells you the stories of the visionaries who created them.

Thursday, May 6, 1 p.m.

Life After Losses-- As we age we may encounter all kinds of losses: social roles, identity, self esteem, reduction in physical and cognitive abilities, deaths of a spouse, family members, friends. "Resiliency" will be presented as a way to survive these types of losses and as a way to continue to grow and thrive. Speaker: Sherl L. Streeter, AARP. Sponsored by Greater Stonegate Village.

Thursday, May 6, 1 p.m.

Pandemic Ethics: What Have We Learned So Far? What Challenges Lie Ahead?

-- Pandemics raise complex ethical issues, including prioritizing access to scarce resources, designing public health measures that balance liberty with common good, and managing global and national interests. Pandemics reveal fissures in a society, illuminating longstanding inequities, and impacting vulnerable communities. In this session, Bradford Gray, an eminent sociologist and chairman of The Hastings Center's board of directors will interview the president of The Hastings Center, Mildred Solomon, who has been writing and speaking nationally and internationally on ethical issues raised by the pandemic. Mildred Solomon is also Professor of Global Health & Social Medicine, Harvard Medical School. This is a partnership between LFV, Little Falls Library & COFFE.

Thursday, May 6, 3 p.m.

Black Artists from the Early 20th Century to Today - Part 1 of 3-- This first part of a 3-part series covers Black artists during the early 20th century and the Harlem Renaissance. Black art struggled for recognition in the early 20th century with artists such as Henry Ossawa Tanner and Harold Pippin. Black art came into its own with Jacob Lawrence, Aaron Douglas, and other artists of the Harlem Renaissance. We will examine their art in the social and artistic context of their time. Presenter: Jacqueline Small, MFA; Hirshhorn Tour Guide and Dial-a-Docent Founding Member. The series continues on May 21 and June 22.

Tuesday, May 11, 11 a.m.

How the Kennedy Brothers Changed the World-- The Kennedys in the World, a new book by Lawrence Haas, tells a new, rich, fascinating, and consequential story about Jack, Bobby, and Ted Kennedy. From an early age, the brothers developed a deep understanding of the different peoples, cultures, and ideologies around the world; a keen appreciation for the challenges that such differences created for the US; and a strong desire to reshape America's response. For more than six decades, the brothers shaped broad issues of war and peace as well as the U.S. response to almost every major global challenge of their times. Sponsored by Northwest Neighbors.

Tuesday, May 11, 2 p.m.

Arts of the Spanish Civil War-- Susan Rubin Suleiman will speak on the Arts of the Spanish Civil War, a period of terrible violence the tragedy of which inspired great literature, including poetry, and visual art. Dr.

Suleiman is Emerita C. Douglas Dillon Professor of the Civilization of France and Professor of Comparative Literature at Harvard University. She authored several books and over 100 academic articles as well as articles in The New York Times and The Boston Globe. She was awarded the Radcliffe Medal for Distinguished Achievement and France's highest honor, the Legion d'Honneur.

Tuesday, May 11, 3 p.m.

Building Resilience with Self Care-- Dr. Rene Laje, Ph.D., LCSW-C, LICSW who is a Program Coordinator at JSSA and in private practice with Washington Behavioral Medicine Associates, will discuss ways to cope with the stressors we may have or be experiencing during a pandemic. She will discuss self-care techniques that can be used now and beyond these trying times. In addition, she will provide resources of where to get additional help to keep oneself safe and healthy.

Wednesday, May 12, 4 p.m.

Live and Interactive Discussion with Experts in Aging-- Three Aging Life Care Managers from Debra Levy Eldercare Associates (DLEA) will give a presentation and lead an interactive discussion. The panel includes Susy Elder Murphy BA, CMC, Owner of DLEA; Susan Blum, MSW, LCSW-C, LICSW, X-ASWCM, Director of Care Management; and Amy Schiffman, MD, MHS, Chief Medical Officer from the Jewish Social Service Agency JSSA.

Wednesday, May 12, 6-7 p.m.

CelebSalon: The Mess in Myanmar, Lex Rieffel and Dr. Kyaw Moe Tun
-- Burma/Myanmar has received a lot of news coverage recently because of the military coup on February 1 that stopped the government elected last November from taking office. Popular protests against the coup have been massive, exceeding in scope and intensity the uprising in 1988, from which Aung San Suu Kyi emerged Monthly Calendar as the country's preeminent pro-democracy leader, and the monk-led "Saffron Revolt" in 2007. Lex Rieffel will speak about the main political, social, and cultural context for this country, which has been in a state of civil war since independence in 1948. He will be joined by Dr. Kyaw Moe Tun (Ph.D. in organic chemistry from Yale University) who arrived in the USA at the beginning of May after fleeing from Myanmar to avoid imminent arrest. Dr. Kyaw Moe Tun has been working to establish Myanmar's first private nonprofit liberal arts college and will offer a first-hand perspective on the struggle between the

military and the young men and women who are leading the movement to end military rule in Myanmar.

Thursday, May 13, 1 p.m.

[**AVAM Virtual Tour: The Secret Life of Earth**](#)-- Beckoning all Earthlings - from climate change skeptics to the world's leading eco-scientists and kid activists - to an exhibition that's one part visual Earth love feast and two parts environmental crash course on the wonders and fragility of life on our one blue homegirl planet. Takoma Park neighbor and American Visionary Art Museum docent, Jill Feasley, will take you around the world via the work of artists showing their care and concern for Earth.

Thursday, May 13, 1 p.m.

[**Virtual Tour of the National Capital Radio and TV Museum**](#)-- This museum tells the story of how entertainment radio began in the 1920s and led to early television and then, transistor radios. Curator Dr. Brian Bellinger will take us on a tour of the second floor of the museum (located in Bowie, MD.) to show us rare artifacts from the first few decades of radio. Sponsored by Greater Stonegate Village.

Thursday, May 13, 2 p.m.

[**Words You Can Leave Behind...Ethical Wills and Your Memoirs**](#)-- Our event presenters are Hedy Peyser, Andy Siegel, and Beverly Moss who enthusiastically encourage people to record their lives, family histories, and stories. The resulting documents you create are wonderful legacies and remembrances to give to family, friends, and communities now or to leave behind after you're gone. The session will provide participants with resources and references as you begin to document your life. Sponsored by Kemp Mill Village.

Thursday, May 13, 2 p.m.

IN Series: Opera that speaks. Theater that sings.-- Timothy Nelson, IN Series Artistic Director, "I love opera - not necessarily what it is all the time, but always what it has the potential to become. When a working group ... gathered this past fall to reimagine the mission of IN Series ... the word that came up most was transformation. That is why I love opera because it can change people, artists, audiences, communities, and, I believe, the world. Join Timothy as he explains how he transforms the "who," "what," and "why" of opera. Who gets to make opera and for whom is it made; what is defined as an operatic experience; where operas take place; why we

make opera, and why opera matters. [Click here to Register](#) Sponsored by Foggy Bottom West End Village.

Wednesday, May 19, 6-7 p.m.

[CelebSalon: George Crabtree, expert on electric vehicle transformation](#)

--President Biden is pushing for electric vehicles as part of his climate change agenda. But how realistic is a transformation to electric cars, trucks, and airplanes? If it is feasible, how long will a transition from gas to electric take, and how much will it cost? George Crabtree—from the Argonne National Laboratory—is an expert on the coming electric vehicle transformation and is in a position to answer a lot of our questions. As a professor of physics and Director of Argonne's newly formed Joint Center for Energy Storage Research, he has led a cutting-edge body of research on how to advance the next-generation batteries—the sine qua non for the kind of transformation we need to affect climate change and the health of our planet.

Community Events:

Go to [Around Town DC](#) to find classes in Zoom, art, dance, advance planning, fitness, improv, and much more. They have a new registration process so you will need to make sure your account is current. Here are some examples (register by clicking on the links.):

Wednesday, May 5, 3 p.m.

[Using Alexa, Google Assistant, and Siri with Kathleen McGuinness](#)

-- ALEXA, Google Assistant, or Siri can all be called “personal assistants”. Do you want to learn how these personal assistants work? These are great tools for people with low vision, care receivers, and caregivers!

Thursday, May 6, 1 p.m.

[Making Art: An Exercise in Exploration with Marie Pavlicek-Wehrli](#)

-- In this class, we'll start with a close look at a work of art and/or a poem. We'll then use this piece as a loose take-off point for students to independently create their own new work (image or poem, or a combination of the two) in response to the prompt. Exploration and experimentation with ordinary materials found at home (leaves, cast-off fabrics, junk mail, recycling materials, etc.) will be encouraged, as well as the use of standard art materials (pencil, ink, paper, scissors, etc.). At least half of each class will be dedicated to students sharing their work and class discussion. Marie Pavlicek-Wehrli is an artist and poet.

Sibley Seniors Association (SSA) offers programs and support groups online. Their latest newsletter and calendar are available at https://www.hopkinsmedicine.org/about/community_health/sibley-memorial-hospital/senior-wellness/_docs/sibley-senior-2021-quarter2-newsletter.pdf

DPR -- DC residents can sign up for physically distant, in-person programming at various DPR locations (including yoga and pickleball at Palisades) or virtual programs hosted by DPR instructors online. DPR opened a select number of fitness centers and indoor pools for reservation-only workouts and lap swimming. Centers will operate at limited capacity with new health and safety protocols in place, such as face mask requirements, enhanced daily cleaning. To create an account for you or your family, visit the [main registration portal](#).

Other Community Events:

Wednesday, May 5, 7 p.m.

Advisory Neighborhood Commission (ANC) 3DMeeting -- On the Agenda are:

- Status of George Washington University's campus plan
- Status of DC Public Schools plans for New Foxhall School
- Police Reform Commission's Report
- New Mexico bike infrastructure (no vote)
- Lead pipe replacement
- DC Public School librarians
- Restoration of N2 and N4 bus routes
- Vision Zero

Join by computer: <https://zoom.us/j/3245082822> or Telephone: 1-301-715-8592 Meeting # 324 508 282

Saturday, May 8, 10-11 a.m.

Deafness & Hearing Loss in the Workplace: Inclusion, Accommodations, & Disability Etiquette -- Hiring Deaf and hard of hearing employees adds valuable skills and knowledge to your workplace. Ensuring that your new employees are fully included in your office culture is a learning process. *This program will be ASL interpreted and Captioned.* [Learn more . . . and register for presentation](#)

Tuesday, May 11, 1 p.m

Starting the Conversation: Older Adults and Suicide-- Older adults have the highest rates of suicide compared to other age groups. Unfortunately, the mental health needs of older adults are often ignored and left untreated. This webinar will address the unique mental health needs of older adults, debunking common myths. Using a case example, attendees will learn about risk and protective factors, warning signs, and resources available to older adults at risk of suicide. This webinar will help attendees feel more confident discussing suicide with older adults in their lives. This webinar is designed for professionals and community members working with older adults.

Tuesday, May 11, 1 p.m.

Community Resource Fair For Better Hearing and Speech Month-- As we celebrate Better Hearing and Speech Month in May, please join us to learn about valuable resources available in the District to those who need hearing or speech enhancements. We will have 20-minute presentations by DC Hearing Aid Assistance Program, DC Assistive Technology Program, Deaf and Hard of Hearing Senior Program, and DC Relay. Should you require CART or ASL interpretation, please indicate so on the appropriate registration question. Requests for accommodations made less than 72 hours in advance of the event may not be fulfilled.

Tuesday, May 11, 7 p.m.

Honest to God: Mr. José Andrés-- José Andrés spends an evening in intimate conversation with Dean Randolph M. Hollerith and Canon Missioner Leonard Hamlin about leadership, inspiration, and public service. Dean Hollerith and Rev. Canon Hamlin invite Mr. Andrés to pull back the curtain and share the stories behind his internationally recognized humanitarian efforts to eliminate poverty and feed the hungry.

Wednesday, May 12, 1 p.m.

10th Annual Senior Symposium, Lunch & Learn: Reimagining Living Boldly in the Era of COVID-19 -- The Department of Aging and Community Living is proud to partner with the AARP DC State Office to host Mayor Bowser's 10th Annual Senior Symposium – Lunch & Learn: Reimagining Living Boldly in the Era of COVID-19. This panel discussion will feature a live panel discussion with DC Health's Dr. LaQuandra Nesbitt, Department of Parks and Recreation's Director Delano Hunter, and AARP's State Director Louis Davis Jr. Join us as we highlight the past year of the

public health emergency and how seniors can remain resilient and “live boldly” beyond the COVID-19 pandemic. As a component of this event, participants will receive their choice of a chicken or vegetarian/vegan meal kit. Please no later than close of business May 5. Register with [this online form](#).

Wednesday, May 26, 1 p.m.

Assistive Technology Webinar: From Low-Tech to High-Tech-- Hosted by the Loudoun County Area Agency on Aging. Please join us as Debbie Jones of the Northern Virginia Resource Center for Deaf and Hard of Hearing Persons (NVRC.org) discuss and demonstrate assistive technology devices. To register for this free webinar, please send an email to: aaasupport@loudoun.gov

Check out [American University's Newsletter](#) and [Live & Learn Bethesda's Class Catalog](#) for some interesting spring events!

Ongoing Events:

Weekly on Fridays, 1 - 2 p.m.

[The Art of Looking](#)--By sharing observations, interpretations, questions, and ideas, participants build on their own first impressions and broaden their understanding of a single work of art in each meeting. Each session lasts one hour and is completely interactive. Gallery educators will facilitate the conversation to create an environment for shared learning. These conversations will encourage you to engage deeply with art, with others, and with the world around you as you hone skills in visual literacy and perspective-taking.

This program is free and open to the public is designed for everyone interested in talking about art. No art or art history background is required. Ages 18 and over. Due to the interactive nature of this program, sessions are not recorded. Live captions (CART) are available in some breakout rooms for this program. Please contact looking@nga.gov to request access or for more information.

Mondays, Wednesdays, and Fridays at 12 p.m.

[Smithsonian National Museum of Asian Art's free 30-minute online meditations](#)-- Led by DC-based meditation teachers, these free sessions are appropriate for all levels of practitioners and include a variety of mindfulness practices. Sessions on Fridays include inspiration from art in the museum collection.

Weekly on Mondays from 2 - 3:15 p.m.

Just Us at the National Gallery of Art -- Provides interactive, discussion-based experiences for people with memory loss and their care partners. Participants explore two works of art during virtual sessions on Zoom. Now that we're not constrained by physical proximity or travel to the Gallery, we can welcome pretty much anyone who might like to join us for a conversation about works of art using Zoom. For more information go to <https://www.nga.gov/calendar/guided-tours/just-us.html>. To register, please email access@nga.gov.

Tuesday, Thursday, and Friday from 2:30 - 4 p.m.

Dance for PD -- Bowen McCauley Dance Company provides those with Parkinson's disease and their care partners the opportunity to join us each Tuesday and Friday during the Pandemic. Classes are taught utilizing a chair (seated instruction only). Learn more about the program by [clicking here](#).

COMING UP IN PALISADES VILLAGE

The following below are details on upcoming events sponsored by Palisades Village. You can now register by clicking on "More Information" and then "Register." You will be prompted to add your name and email address. Please use the email address that the calendar was sent to; it functions as your user ID. If you need to update your email, just let us know. Or you can register by email at ebanton@palisadesvillage.org or call the office at **202-244-3310**.

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

This Week at Palisades Village
May 2 — 8, 2021

Book Club

Mon 05 / 03 / 2021 at 1:00 PM

[More Information](#)

William Yates Fitness on Zoom

Mon 05 / 03 / 2021 at 3:00 PM

[More Information](#)

Planner Group

Tue 05 / 04 / 2021 at 9:30 AM

[More Information](#)

Canceled: Life Stories

Tue 05 / 04 / 2021 at 11:00 AM

[More Information](#)

Presidents in Unexpected Places

Tue 05 / 04 / 2021 at 3:00 PM

[More Information](#)

Virtual Yoga

Tue 05 / 04 / 2021 at 3:00 PM

Where: Via Zoom

[More Information](#)

Walking Club - Georgetown

Wed 05 / 05 / 2021 at 8:30 AM

Where: 4940 Canal Road, NW, Washington, DC 20007

[More Information](#)

Walking Club-Battery Kemble Park

Thu 05 / 06 / 2021 at 8:30 AM

Where: Battery Kemble Park

[More Information](#)

Virtual Yoga

Thu 05 / 06 / 2021 at 3:00 PM

Where: Via Zoom

[More Information](#)

Canceled: Thursday Trivia

Thu 05 / 06 / 2021 at 4:30 PM

[More Information](#)

Mindful Knitting

Sat 05 / 08 / 2021 at 9:30 AM

[More Information](#)

Next Week at Palisades Village
May 9 — 15, 2021

William Yates Fitness on Zoom

Mon 05 / 10 / 2021 at 3:00 PM

[More Information](#)

Planner Group

Tue 05 / 11 / 2021 at 9:30 AM

[More Information](#)

Life Stories

Tue 05 / 11 / 2021 at 11:00 AM

[More Information](#)

Virtual Yoga

Tue 05 / 11 / 2021 at 3:00 PM

Where: Via Zoom

[More Information](#)

Storytelling

Tue 05 / 11 / 2021 at 3:00 PM

[More Information](#)

Cool Forests: How Trees Affect the Climate from Brazil to your Backyard

Wed 05 / 12 / 2021 at 7:00 PM

[More Information](#)

Thursday Trivia

Thu 05 / 13 / 2021 at 4:30 PM

[More Information](#)

Mindful Knitting

Sat 05 / 15 / 2021 at 9:30 AM

[More Information](#)

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

Thank you!

Palisades Village