



Across the Fence

May 16, 2021

For the latest information on COVID, please see below or go to our [website](#).

This Week at Palisades Village:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 p.m. Fitness Class with William Yates (YMCA)	9:30 a.m. Planner Group 11 a.m. Life Stories 4 p.m. Yoga	8:30 a.m. Walk with Wally to Georgetown 7 p.m. Andrea Mitchell	10 a.m. DC Village Celebration 2 p.m. Fundraising Meeting 3:30 Yoga 4:30 Trivia - Lesser-Known US Tourist Attractions	4 p.m. Virtual Tour of the Bazelon-McGovern House	9:30 a.m. Mindful Knitting

We have some special events this week:



Andrea Mitchell Discusses Changes in Journalism

Wednesday, May 19, 7 p.m.

Neighbor Andrea Mitchell joins us to discuss her perspectives on changes in journalism over the years, the impact of greater diversity, of increased politicization and partisanship, and the interplay of social media and broadcast journalism. There will be questions and answers following her talk. **Register [here](#).**

Andrea Mitchell, NBC News' chief foreign affairs correspondent and host of MSNBC's "Andrea Mitchell Reports," is the network's leading voice on U.S. foreign policy and international diplomacy. Additionally, Mitchell reports on intelligence and national security issues across all NBC News and MSNBC properties.

A pioneer in her field, Mitchell is known for her tenacity and veteran analysis as she pursues answers, interviews newsmakers, and traverses the globe to report on the State Department.



DC Strong: Recognizing Our Community's Collective Response to Helping Older Adults Thrive

Thursday, May 20, 10-11:30 a.m.

This Zoom event is a time of learning, remembrance, and reflection of the past year, and hope for a brighter future – we are “DC Strong”! With guest speakers:

- **Muriel Bowser** – Mayor, District of Columbia
- **Laura Newland** – Director, Department of Aging and Community Living
- **Anita Bonds** – Councilmember At-Large, District of Columbia
- **Gail Kohn** – Coordinator, Age-Friendly DC
- **Phyllis Dillinger** – CEO, The Washington Home Foundation
- **Mark Bucher** – Owner, Medium Rare Restaurant

In addition to our speakers, you'll hear from some of the Villages' beloved members and volunteers during this event. And more! Registration is required, [click here to register for DC STRONG.](#)



Virtual Tour of the Bazelon-McGovern House

Friday, May 21, 4 p.m.

Join the DC Preservation League and Palisades Village for a virtual tour of [3020 University Terrace NW \(or The Bazelon-McGovern House\)](#) with the homeowner and Palisades Village member Gordon Kit. **Register [here](#).**

3020 University Terrace is a two-story wood-frame and stucco house, designed in a mid-century modern style, with a distinctive overlay of Japanese stylistic elements. Japanese-inspired plantings and garden elements surround the house on all sides. This residence was previously owned by David Bazelon, Chief Judge of the DC Circuit Court of Appeals, as well as Senator (and Presidential candidate) George McGovern.

Designed by Jean-Pierre Trousseau—whose eight highly individual houses constructed between 1949 and 1958 helped define the Palisades as a leading enclave of modernist residential design—the house is a synthesis of

modernist and traditional Japanese architecture. [Read more about the home here.](#)

Mark your calendars for these events coming in June:

Thursday, June 3, 5 p.m.-- Palisades Village [Board Meeting](#)

Wednesday, June 9, 2 p.m. -- [Washington Canoe Club with Chris Brown](#)

All events are being held on Zoom. You must register to get the link for each event. Click on the title in red to be taken to the registration page and get more information. There is a complete listing of all events for the next two weeks at the end of the newsletter, or you can go to the [website](#).

COVID Corner:

Everyone over 12 can now get a vaccine! DC has transitioned to all high-capacity, walk-up, no appointment needed vaccination sites. (Walk-up sites are for first doses. When you receive your first dose, you still need to make an appointment to get your second dose.) [Click here to see today's schedule.](#)

The walk-up sites will be in addition to the pharmacies, clinics, and health-care providers that are also administering the vaccines citywide. These sites will operate their own scheduling systems.

Can't leave your home? Call DC Health at **1-855-363-0333** for an appointment and they will come to you!

Need an N95 mask? We have some in the office. Please contact us at **202-244-3310** or ebanton@palisadesvillage.org.

Milestones:



Charles Stewart Turned 99!

The Storytelling group surprised Charles Stewart for his 99th birthday last week. They delivered goodies from Boulangerie Christophe and had a special celebration on Zoom. Members of the storytelling group who are now living in Baltimore and even Turkey were there to sing him happy birthday. Charles shared stories of his travels throughout the world and his latest book, *Discovery and Invention: A Comparative Study of Civilizations*. Charles takes a long walk every day so when you see him be sure to wish him a happy birthday.



Send Saul a Card

Don't forget to send Saul Shampain a card for his 100th birthday on May 25th! Please send cards to Saul at:

4200 Cathedral Avenue, NW #206, Washington, DC 20016

Feed the Family Pantry:

Feed the Family Pantry continues to serve our neighbors who have been struggling to keep food on the table throughout the pandemic.

The new Pantry is located at the rear loading dock of 4225 Connecticut Ave. NW, (in the back of the old Walgreens) in space generously provided by UDC. The Pantry is open 1 - 4 p.m. on Sundays to offer fresh produce and cleaning supplies – items that many of our neighbors simply cannot afford.

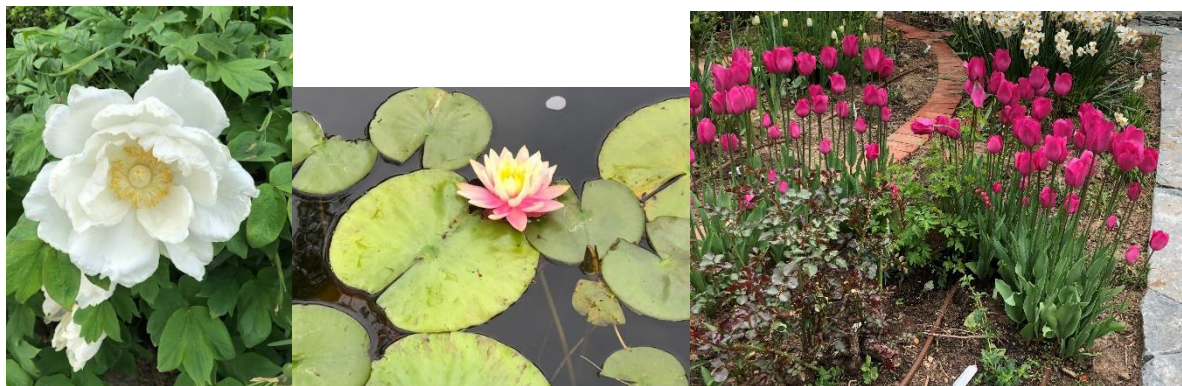
Join the donation drive every Saturday, from noon to 5 p.m. Bring your donations to the loading dock in the alley in the back of the building. Help us stock the Pantry with unopened dish & laundry detergent, bleach, cleanser, Lysol, Pine-sol, disinfectants, Windex, sponges, rubber gloves, scrubbers, white vinegar, baking soda – all the things you use to keep your homes clean. They also need high-quality masks, TP, tissues, aluminum foil, paper shopping bags. Volunteers will meet you in the alley to gratefully accept your donations.

Creative Corner - May Flowers in the Neighborhood:

DC Safe at Home Program:

DC Villages are working collaboratively with the DC Safe at Home Program, to offer complimentary falls-risk evaluations through June 25. Occupational Therapist students working at the Safe at Home office will conduct the free evaluation over the phone.

Occupational Therapist Tori Goldhammer will coordinate the services of the student Occupational Therapists who will conduct the risk evaluations. For this free evaluation, email her at tgoldhammer@homecarepartners.org, and to learn more about the Safe at Home program, click here: <https://dacl.dc.gov/service/safe-home>



Palisades Village Connect and Learn: On the [Connect and Learn](#) page on our website, we have everything from neighborhood walks to virtual outings and fitness classes. Check it out!



The DC Area Villages work closely together to share resources and access to some events.

For a list of all the events sponsored by Washington Area Villages, please click [here](#). Here are just a few of them (and a couple that are not included). Register by clicking on the link in the title or in the description.

Tuesday, May 18, 12:30-1:30 p.m.

[Age Well Workshop: Advance Care Planning](#) -- Thinking and talking about end-of-life care issues can be difficult. Join Donna Smith from Compassion & Choices as she helps participants navigate an important conversation around advocating for the personal wishes and proper care of yourself and of your loved ones. Participants who provide their mailing addresses when registering may receive a small goody bag from the facilitator. (Supplies are limited.)

Wednesday, May 19, 6-7 p.m.

CelebSalon: George Crabtree, an expert on electric vehicle

transformation -- President Biden is pushing for electric vehicles as part of his climate change agenda. But how realistic is a transformation to electric cars, trucks, and airplanes? If it is feasible, how long will a transition from gas to electric take, and how much will it cost? George Crabtree—from the Argonne National Laboratory—is an expert on the coming electric vehicle transformation and is in a position to answer a lot of our questions. As a professor of physics and Director of Argonne's newly formed Joint Center for Energy Storage Research, he has led a cutting-edge body of research on how to advance the next-generation batteries—the sine qua non for the kind of transformation we need to affect climate change and the health of our planet.

Thursday, May 20, 1 p.m.

Art Thursday – The Inner Workings of a Private Art Gallery -- When you drop by an art gallery or attend a gallery opening do you ever wonder what went into preparing for the exhibit such as identifying the artist or artists, the art to be shown, how it will be displayed, the myriad other decisions that are made prior to opening to the public, etc.? If you have, here is an opportunity to spend some time with Dale Johnson, the owner, and operator of Watergate Gallery & Frame Design, who can answer these and other questions that you may have. She will discuss both her experiences regarding picture framing and operating the gallery. [Find more info and register here.](#)

Friday, May 21, 1 - 2 pm

Ambassador Mark Pekala on "Eastern Europe and Russia: Past and Present

-- A brief look at Russia over the last 30 years and what to expect from the Biden-Putin relationship, from the point of view of a former U.S. Ambassador to Latvia (2012-2014) who has worked with President Biden - and worked on issues surrounding Vladimir Putin since 1999. Ambassador Mark Pekala retired in October 2020 after serving 30 years in the U.S. Department of State. His long career includes postings in Paris, Tallinn, Brussels, Warsaw, and Baku, Azerbaijan. In Washington, Ambassador Pekala was on the Russia desk, and he served as Senior Director for Russian Affairs on the National Security Council staff. SPONSOR: Chevy Chase At Home

Monday, May 24, 3:30 - 5 p.m.

Live & Learn: *How to Plan for a Funeral and Burial* -- Grieving for the loss of a loved one can be overwhelming, yet survivors need to make important and potentially expensive decisions in the midst of their grief. One of the most thoughtful and comforting gifts you can give them is to let them know your preferences ahead of time. [Register Online Here](#) or contact the DCV Office at admin@dupontcirclevillage.net NOTE: New registrations will not be accepted the day of the event.

Tuesday, May 25, 11 a.m. - 12 p.m.

[U.S. - German Relations Under Angela Merkel and Joe Biden](#) --After arriving in the U.S. as Washington Bureau Chief for Der Spiegel, René Pfister covered American politics and the 2020 election. Having covered Angela Merkel for 10 years while in Berlin, he now is focusing on U.S. German relations under the Merkel and Biden Administrations, with Merkel at the end of her Administration and Biden at the beginning of his. René will share what it is like to be a foreign correspondent in Washington during these unsettling political times. SPONSOR: Northwest Neighbors Village

Thursday, May 27, 3 - 4:30 p.m.

[Black Artists from the Early 20th Century to Today: Part 2 of 3](#) -- This session focuses on the "Long Sixties: Washington Paintings in the Watkins and Corcoran Legacy Collections (1957-1982)." Despite the supposedly raised consciousness of the 1960s, the work of Black artists was not often collected or even now represented in museum collections. One reason is Washington's determined avoidance of controversy and the corporate preference for "safe" art" produced by the Washington Color School. We will discuss the art of Jeff Donaldson, Sam Gilliam, Frank Anthony Smith, Carroll Sockwell, Alma Thomas, Franklin White, and Kenneth Victor Young. Presenter: Jack Rasmussen, Director and Curator of the American University Museum at the Katzen Arts Center. SPONSOR: Collaboration of DC/MD/VA Villages

Thursday, June 17, 2 p.m.

[Foggy Bottom West End Village Presents Two Star Chefs Who Are Making a Difference](#) -- Jose Andres and Ris Lacoste are making an impact on communities locally and globally. They are contributing their time, expertise, and passions to bring hope and well-being to those in need, providing meals and education, and are always ready to roll up their sleeves and get to work to make life better. Join us on Zoom to listen in on

a conversation between Jose Andres and Ris Lacoste as they discuss what generosity of spirit means to them. Learn how they each attacked the challenge of the pandemic with their culinary expertise to provide support to the residents of Washington, D.C. They'll discuss the future of restaurants as the pandemic winds down, their own culinary experience and a look at D.C. as a foodie city. There will also be time for Q & A. from the audience.

Community Events:

Go to [Around Town DC](#) to find classes in Zoom, art, dance, advance planning, fitness, improv, and much more. They have a new registration process so you will need to make sure your account is current. Here are some examples (register by clicking on the links.):

Wednesday, May 19, 2 - 3 p.m.

[Reading Marcel Proust with Professor Josette Wisman --](#) Are you to read Proust? Join Professor Josette Wisman in this exploration of Marcel Proust's genius.

Monday, May 24, 12 - 1 p.m.

[Conversations with the Department of Aging and Community Living \(DACL\) --](#) Learn about the services the DC Department of Aging and Community Living has to offer you in a series of seminars featuring different aspects of their programs.

Sibley Seniors Association (SSA) offers programs and support groups online. Their latest newsletter and calendar are available at https://www.hopkinsmedicine.org/about/community_health/sibley-memorial-hospital/senior-wellness/docs/sibley-senior-2021-quarter2-newsletter.pdf

[DPR](#) -- DC residents can sign up for physically distant, in-person programming at various DPR locations (including yoga and pickleball at Palisades) or virtual programs hosted by DPR instructors online. DPR opened a select number of fitness centers and indoor pools for reservation-only workouts and lap swimming. Centers will operate at limited capacity with new health and safety protocols in place, such as face mask requirements, enhanced daily cleaning. To create an account for you or your family, visit the [main registration portal](#).

Other Community Events:

Wednesday, May 19, 7 p.m.

[Hope Floats: A Night of Storytelling Beneath the Doves](#) (Virtual Event) -- As we begin to emerge from a year apart, human connection is more important than ever. Storytelling is one way to connect to each other and our deepest selves. Join us for a night of storytelling about hope, renewal, and light – in person at the Cathedral! The show will be held in conjunction with the “Les Colombes” exhibit at the Cathedral -- an uplifting display of 2,000 folded paper doves, inscribed with messages and prayers, flying through the Cathedral’s nave. Registrants will be sent a follow-up email with a link to view the event. Tickets are pay-what-you-wish, starting at \$10.

Wednesday, May 26, 1 p.m.

Assistive Technology Webinar: From Low-Tech to High-Tech-- Hosted by the Loudoun County Area Agency on Aging. Please join us as Debbie Jones of the Northern Virginia Resource Center for Deaf and Hard of Hearing Persons (NVRC.org) discuss and demonstrate assistive technology devices. To register for this free webinar, please send an email to: aaasupport@loudoun.gov

Thursday, May 27, 6 p.m

Widowed Persons Outreach (WPO) Social Hour with Daniel Bailey -- Daniel S. Bailey – composer, musician, and film scorer will entertain us. A retired Army Lieutenant Colonel, Dan also works as a contractor. For years he has composed and played music and will delight you with some of his “on the fly” music as well as some of his compositions. Dan will also answer your questions about film scoring. Please join us for this wonderful virtual performance by registering with Ken Gordon at kengordon@alum.mit.edu to receive the Zoom details.

Tuesday, June 1, 6:30 p.m.

American University Community Town Hall -- Join President Sylvia M. Burwell for the Community Liaison Committee (CLC) Community Town Hall. This event will be virtual and you must register at the following link www.american.edu/communityrelations/townhall.

Check out [American University’s Newsletter](#) and [Live & Learn Bethesda’s Class Catalog](#) for some interesting spring events!

Ongoing Events:

Weekly on Fridays, 1 - 2 p.m.

The Art of Looking--By sharing observations, interpretations, questions, and ideas, participants build on their own first impressions and broaden their understanding of a single work of art in each meeting. Each session lasts one hour and is completely interactive. Gallery educators will facilitate the conversation to create an environment for shared learning. These conversations will encourage you to engage deeply with art, with others, and with the world around you as you hone skills in visual literacy and perspective-taking.

This program is free and open to the public is designed for everyone interested in talking about art. No art or art history background is required. Ages 18 and over. Due to the interactive nature of this program, sessions are not recorded. Live captions (CART) are available in some breakout rooms for this program. Please contact looking@nga.gov to request access or for more information.

Mondays, Wednesdays, and Fridays at 12 p.m.

Smithsonian National Museum of Asian Art's free 30-minute online meditations-- Led by DC-based meditation teachers, these free sessions are appropriate for all levels of practitioners and include a variety of mindfulness practices. Sessions on Fridays include inspiration from art in the museum collection.

Weekly on Mondays from 2 - 3:15 p.m.

Just Us at the National Gallery of Art -- Provides interactive, discussion-based experiences for people with memory loss and their care partners. Participants explore two works of art during virtual sessions on Zoom. Now that we're not constrained by physical proximity or travel to the Gallery, we can welcome pretty much anyone who might like to join us for a conversation about works of art using Zoom. For more information go to <https://www.nga.gov/calendar/guided-tours/just-us.html>. To register, please email access@nga.gov.

Tuesday, Thursday, and Friday from 2:30 - 4 p.m.

Dance for PD -- Bowen McCauley Dance Company provides those with Parkinson's disease and their care partners the opportunity to join us each Tuesday and Friday during the Pandemic. Classes are taught utilizing a chair (seated instruction only). Learn more about the program by [clicking here](#).

COMING UP IN PALISADES VILLAGE

Listed below are details on upcoming events sponsored by Palisades Village. You can now register by clicking on "More Information" and then "Register." You will be prompted to add your name and email address. Please use the email address that the calendar was sent to; it functions as your user ID. If you need to update your email, just let us know. Or you can register by email at ebanton@palisadesvillage.org or call the office at **202-244-3310**.

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

This Week at Palisades Village
May 16 — 22, 2021

William Yates Fitness on Zoom

Mon 05 / 17 / 2021 at 3:00 PM

[More Information](#)

Planner Group

Tue 05 / 18 / 2021 at 9:30 AM

[More Information](#)

Life Stories

Tue 05 / 18 / 2021 at 11:00 AM

[More Information](#)

Virtual Yoga

Tue 05 / 18 / 2021 at 4:00 PM

Where: Via Zoom

[More Information](#)

Walking Club - Georgetown

Wed 05 / 19 / 2021 at 8:30 AM

Where: 4940 Canal Road, NW, Washington, DC 20007

[More Information](#)

Andrea Mitchell Discusses Changes in Journalism

Wed 05 / 19 / 2021 at 7:00 PM

[More Information](#)

DC Strong: Recognizing Our Community's Collective Response to Helping Older Adults Thrive

Thu 05 / 20 / 2021 at 10:00 AM

Where: Via Zoom

[More Information](#)

Virtual Yoga

Thu 05 / 20 / 2021 at 3:00 PM

Where: Via Zoom

[More Information](#)

Thursday Trivia - Lesser-Known US Tourist Attractions

Thu 05 / 20 / 2021 at 4:30 PM

[More Information](#)

Bazelon-McGovern House & Garden Tour

Fri 05 / 21 / 2021 at 4:00 PM

Where: Via Zoom

[More Information](#)

Mindful Knitting

Sat 05 / 22 / 2021 at 9:30 AM

[More Information](#)

Next Week at Palisades Village

May 23 — 29, 2021

William Yates Fitness on Zoom

Mon 05 / 24 / 2021 at 3:00 PM

[More Information](#)

Planner Group

Tue 05 / 25 / 2021 at 9:30 AM

[More Information](#)

Life Stories

Tue 05 / 25 / 2021 at 11:00 AM

[More Information](#)

Storytelling

Tue 05 / 25 / 2021 at 3:00 PM

[More Information](#)

Virtual Yoga

Tue 05 / 25 / 2021 at 4:00 PM

Where: Via Zoom

[More Information](#)

Virtual Yoga

Thu 05 / 27 / 2021 at 3:00 PM

Where: Via Zoom

[More Information](#)

Canceled: Thursday Trivia

Thu 05 / 27 / 2021 at 4:30 PM

[More Information](#)

Mindful Knitting

Sat 05 / 29 / 2021 at 9:30 AM

[More Information](#)

[ALL OUR EVENTS ON THE VILLAGE WEBSITE](#)

Thank you!

Palisades Village

